Alpine Level 3 Skiing Performance Candidate Outline

A candidate-facing overview of the Alpine Level 3 Skiing Performance assessment experience, expectations, activities, and learning outcomes.

Module Overview

The Alpine Level 3 Skiing Performance module is one of three modules required for Alpine Level 3 certification.

To earn Alpine Level 3 certification, candidates must successfully complete all three Alpine Level 3 assessment modules:

- Movement Analysis and Technical Understanding
- Teaching and People Skills
- Skiing Performance

What to Expect

- The assessment takes place on snow and includes a warm-up followed by a series of skiing activities.
- You will complete ten skiing activities in total.
- The assessment uses a call-down format with clearly defined start, observation, and stopping points.
- Each activity is completed a minimum of once and a maximum of twice.
- Activities are selected from the Alpine Level 3 National Assessment Activity List.
- Weather, snow conditions, terrain availability, skier traffic, safety, and event logistics may affect the order and delivery of activities.

Module-Day Schedule

The following is an example schedule. Times may vary based on the event schedule and resort operations. Refer to your pre-event information for exact timing.

8:45 AM	9:00 AM	Morning	11:30 AM	Afternoon / 4:00 PM
Candidate Meeting	Assessment Overview & Warm-up	Skiing Performance Assessment	Lunch	Skiing Performance Assessment / Results & Verbal Feedback

Warm-Up & Terrain Familiarization
You will ski terrain in the Alpine Level 3 zone to become acquainted with the general conditions for the day.

Use the warm-up to become familiar with the available terrain, snow conditions, and skiing environment before the formal assessment activities begin.

Learning Outcomes
Instructor Decisions & Behavior

- Contributes to a professional environment by managing their behaviors and emotions in response to others.

Skiing Performance

- Continuously adjusts the Technical Fundamentals to demonstrate any specific skiing or ski performance outcome through the advanced zone.

Skiing Performance Assessment Activities
You will complete ten skiing activities:

- 3 Integrated Activities
- 3 Individual Activities
- 4 Versatility Activities

Activities are selected from the Alpine Level 3 National Assessment Activity List.

Integrated Activities
You will complete all three Integrated Activities. These activities are designed to demonstrate your ability to continuously adjust the Technical Fundamentals to achieve specific skiing or ski performance outcomes through the advanced zone.

Individual Activities
You will complete three Individual Activities selected from the Alpine Level 3 National Assessment Activity List. The activities are intended to demonstrate a broad range of Fundamental Focuses.

Versatility Activities
You will complete four Versatility Activities selected from the Alpine Level 3 National Assessment Activity List. The activities demonstrate a variety of:

- Turn shapes
- Turn sizes
- Speed
- Line choice

The assessment includes:

- 2 Groomed activities
- 2 Ungroomed or variable Alpine Level 3 terrain activities when weather, snow conditions, and available terrain allow.

Assessment Process

Each activity will be set up with clear information about what you are being asked to demonstrate.

- The activity name will be provided using the name listed in the Alpine Level 3 National Assessment Activity List.
- You will be given 1–3 key ski performance outcomes and/or external parameters.
- A demonstration will be provided before you complete the activity.
- You will complete the activity using the designated start, observation, and stopping points.
- If a second attempt is provided, the desired outcome will be clarified before you repeat the activity.

Terrain & Conditions

The Alpine Level 3 assessment may use different runs for different activities, provided the terrain meets the requirements stated in the Alpine Level 3 National Assessment Activity List.

Activity selection and order may be affected by:

- Weather
- Snow conditions
- Terrain availability
- Skier traffic
- Safety
- Event logistics

Assessment Activities at a Glance

Activity Type	Number of Activities	Primary Focus
Integrated	3	Specific skiing and ski performance outcomes
Individual	3	Broad range of Fundamental Focuses
Versatility	4	Variety of turn shapes, sizes, speed, and/or line choice

Candidate Preparation

- Review the Alpine Level 3 National Standards and Performance Guides.
- Review the Alpine Level 3 National Assessment Activity List.
- Practice continuously adjusting the Technical Fundamentals to demonstrate specific skiing and ski performance outcomes.
- Practice skiing through the advanced zone while adapting your skiing to the intended outcome of each activity.
- Practice a variety of turn shapes, turn sizes, speeds, and line choices.
- Practice skiing on groomed, ungroomed, and variable terrain when appropriate.
- Be prepared to adapt your skiing to changing snow, terrain, and environmental conditions.
- Arrive prepared to ski safely and effectively in the terrain and conditions available on the assessment day.

Assessment Results & Feedback

Results are provided after the module. Candidates receive feedback on their performance and the Learning Outcomes assessed during the day. The module assessment form is provided at the conclusion of the module.