PSIA-AASI Alpine Level 1 Candidate Outline

A candidate-facing overview of the Alpine Level 1 assessment experience, expectations, activities, and learning outcomes.

Assessment Overview

The Alpine Level 1 assessment is organized into three modules and delivered as one integrated assessment:

- Movement Analysis and Technical Understanding
- Skiing Performance
- Teaching and People Skills

Candidates must successfully complete all three modules during a single assessment event. Individual segments cannot be banked. Candidates who do not meet the standard in all three modules must retake the entire assessment.

Regions may deliver the assessment in either a 12-hour or 18-hour format based on candidate-to-hour ratios. Regardless of the delivery schedule, the order of assessment modules and the time allocated to each segment remain consistent to support a standardized assessment experience.

Assessment Schedule
12-hour format — typical structure

- Day 1: Movement Analysis and Technical Understanding; Skiing Performance
- Day 2: Teaching and People Skills

18-hour format — typical structure

- Day 1: Movement Analysis and Technical Understanding
- Day 2: Skiing Performance
- Day 3: Teaching and People Skills

Candidate Experience

At the beginning of the assessment, you will receive information about the schedule, group assignments, selected assessment activities, and any weather, terrain, snow, timing, or logistical considerations that may affect the day.

Movement Analysis & Technical Understanding

Purpose

Demonstrate your ability to understand and describe skiing performance, analyze movement, and make relevant decisions using the PSIA-AASI Technical Fundamentals and current PSIA-AASI resources.

Learning Outcomes

- Professionalism and Self-Management: Maintains a professional environment by demonstrating self-awareness and self-management.
- Technical Understanding: Describes specific performances using Technical Fundamentals and considers tactics and equipment choices using current PSIA-AASI resources.
- Movement Analysis: Articulates accurate cause-and-effect relationships between body and ski performance within a single skiing Technical Fundamental in a specific phase of the turn, and offers a relevant prescription for change for skiers in the beginner/novice zone.

Assessment Activities

- One self-assessment opportunity to demonstrate Technical Understanding.
- One peer movement-analysis opportunity to demonstrate Movement Analysis.
- One Integrated Activity is used for each type of activity. Activities are selected by assessors from the Alpine Level 1 National Assessment Activity List, taking into account the conditions, weather, available terrain, and traffic on the day.

What to Expect

- You will ski terrain within the Alpine Level 1 zone described in the National Assessment Activity List and Alpine Level 1 National Standards.
- For self-assessment activities, you will ski the selected activity and then describe and analyze your own performance.
- For peer movement-analysis activities, you will observe an assigned peer skiing the selected activity and analyze their performance.
- You will have a maximum of 8 minutes for each opportunity.
- You may be asked clarifying questions about your observations, analysis, or proposed changes.

Skiing Performance

Purpose

Demonstrate skiing performance by applying the Technical Fundamentals to achieve specific outcomes in beginner and easier intermediate terrain.

Learning Outcomes

- Professionalism and Self-Management: Maintains a professional environment by demonstrating self-awareness and self-management.
- Skiing Performance: Applies the Technical Fundamentals to demonstrate specific outcomes in beginner and easier intermediate terrain.

Assessment Activities

- 3 Integrated Activities
- 2 Individual Activities
- 2 Versatility Activities

Activities are selected from the Alpine Level 1 National Assessment Activity List.

What to Expect

- You will ski terrain within the Alpine Level 1 zone described in the National Assessment Activity List and Alpine Level 1 National Standards.
- Each activity will be completed a minimum of once and a maximum of twice.
- Activities will use a call-down format with clearly defined start, observation, and stopping points.
- Before each activity, you will be given the activity name and key ski performance outcomes and/or external parameters.
- A demonstration will be provided before you complete the activity.
- If a second attempt is provided, any misunderstanding about the expected outcome will be clarified before the activity is repeated.

Teaching and People Skills

Purpose

Demonstrate your ability to create and manage a learning environment in the Beginner/Novice Zone, including easier blue terrain, by assessing learner needs, planning and facilitating learning, communicating, adapting, and reflecting.

Learning Outcomes

Professionalism and Self-Management: Maintains a professional environment by demonstrating self-awareness and self-management.

Communication: Engages in meaningful verbal and non-verbal communication with the group as a whole.

Relationships with Others: Identifies likely motivations and emotions of individuals and understands group dynamics.

Assess and Plan: Plans learning outcomes and organizes progressive learning experiences relevant to beginner/novice students.

Implement: Facilitates learning experiences that guide students toward the agreed-upon outcome and engages them in the process.

Reflect/Review: Communicates performance changes that target the learning outcome to help students identify that a change has been made.

Assessment Activity

You will lead a Teaching/Learning segment of up to 20 minutes. You will receive a Beginner/Novice Zone Focus Area representing common student milestones and goals, and teach your peers while addressing their learning needs. The segment includes peer assessment and planning, teaching/learning activities and reflection, and lift rides or terrain transitions as applicable.

What to Expect

Assess your peers' needs within the assigned Focus Area and develop an initial plan based on your training, experience, and information learned about your peers. Facilitate learning toward an agreed-upon outcome, then reflect on and communicate performance changes. You may be asked follow-up questions to clarify your decisions and understanding. When serving as a student for another candidate, demonstrate professionalism and self-management.

Assessment Activities at a Glance

Assessment Segment	Candidate Activities	Primary Focus
Movement Analysis & Technical Understanding	1 Self-Assessment; 1 Peer Movement Analysis	Technical Understanding, Movement Analysis, Professionalism and Self-Management
Skiing Performance	3 Integrated; 2 Individual; 2 Versatility	Skiing Performance and Professionalism/Self-Management
Teaching & People Skills	Teaching/Learning Segment	People Skills, Teaching Skills, Professionalism and Self-Management

Candidate Preparation

- Review the Alpine Level 1 National Standards, Performance Guides, and National Assessment Activity List.
- Be prepared to describe skiing performance using the Technical Fundamentals.
- Practice analyzing your own skiing and identifying cause-and-effect relationships between movement and ski performance within a Technical Fundamental and a specific phase of the turn.

- Practice observing another skier and identifying a relevant prescription for change appropriate to a beginner/novice skier.
- Prepare to assess learner needs, establish an appropriate learning outcome, and build progressive learning experiences.
- Be prepared to communicate, adapt, and reflect throughout the Teaching/Learning segment.
- Arrive prepared to ski safely and effectively in the conditions and terrain available on the assessment day.

Assessment Results & Feedback

Results are provided at the conclusion of the assessment. Candidates will receive an assessment form with feedback related to their performance and learning outcomes. In-person feedback may also be provided at the end of the event.